

Week of November 10<sup>th</sup>, 2019 - Discussion Questions for Ohana Groups  
Building Contentment in the Family  
Deuteronomy 5:21, Matthew 6:25-34

Overview

We live in a culture obsessed with consumption – people are constantly looking for ways to satisfy their desire to consume. How can we build a positive culture of contentment in homes with hearts that are filled with joy and thanksgiving?

ICEBREAKER

What is the best gift you have ever received (from your spouse, friend, child)?

BIBLE: Read *Deuteronomy 5:21*

1. What examples of coveting are given in the 10<sup>th</sup> command? What are some other examples of what people covet today in our culture?
2. How does this command undermine the Lord as Provider?
3. Left unchecked, what does greed and selfishness inevitably produce? (see James 1:14-15, 1Tim 6:9-10)
4. What heart/mind issue underlies greed? (see Ephesians 5:5)

BIBLE: Read *Matthew 6:25-34*

1. Does "do not worry" mean we are not to think or plan ahead, or be anxious about the future? Why?
2. What examples does Jesus use to convey how we are not to worry? Share any real-life testimonies that illustrate God's generous provision in your life.
3. What do you worry about? What do you find yourself "running after?" (ex. Material gain, job, health, etc.)

APPLICATION

1. What do you tend to covet? In pairs, share about areas of coveting you struggle with.
2. If you and your family were to be completely content, what would that look like in your home? List 2-3 areas of contentment you can cultivate in your home. (ex. Financial, material, social, etc.)
3. What are some constant reminders you can give yourself when facing an urge to covet? (ex. "Every time I see a bird, I will thank God as Provider," "Every time I see a flower, I will praise God for His goodness")

PRAY

Pray that God will replace greed and an urge to covet with contentment and thanksgiving. Pray for contentment centered in Jesus, that seeks first His kingdom and righteousness.

Got questions or need help? Call or Email John Barrow  
(808)-841-7022 or [john.barrow@kalihionion.org](mailto:john.barrow@kalihionion.org)