

Week of March 8<sup>th</sup>, 2020 - Discussion Questions for Ohana Groups

“Seeing Jesus | Bread of Life” John 6:28-35

**Overview**

In the first of Jesus’ “I am” sayings, Jesus states that he is the “bread of life.” Jesus claims that he himself is the true manna, the living bread that gives life to the world. If we partake in this bread, Jesus promises that we will never go hungry and never go thirsty.

**ICEBREAKER**

What is your favorite place to eat out?

**BIBLE: Read John 6:28-35**

1. Can you name all the “I am” sayings of Christ by memory?
2. What miraculous “sign” did the people just witness but fail to understand what it truly signifies (see John 6:1-15)?
3. What is the difference between “food that spoils” and “food that endures to eternal life” (verse 27)?
4. In verse 28, how do the crowds misunderstand Jesus by essentially saying “what must we do to receive this bread?” How does Jesus answer them?
5. What similarities and differences do you see in this story and in the story of Moses and God’s miraculous provision of manna (see Exodus 16)? How is the “bread of life” much superior to manna?
6. How does the “bread of life” satisfy one’s deepest need and desire?
7. What does Jesus mean when he says you will be given life by “eating my flesh” and “drinking my blood” (John 6:53)?

**APPLICATION**

1. How would you describe your daily spiritual diet? Junk food? Frozen food? TV Microwave Food? Healthy food? When are you prone to eat “unhealthy food” (ex. under stress)?
2. What does a healthy spiritual diet look in comparison to an unhealthy spiritual diet? What are some tangible steps you could make to practice a healthy spiritual diet?
3. If someone asked, “How do you hunger and thirst after God,” what counsel could you confer?

**PRAYER**

1. Pray that your devotion to Jesus will not be swayed or persuaded by food that spoils. Pray that you will be able to continually partake in bread that gives life.

Got questions or need help? Call or Email John Barrow  
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