

Ohana Group Discussion Questions

Rejoice in Jesus! | Philippians 4:1-9

Week of December 19th, 2021

OVERVIEW

Merry Christmas! In the town of David, a Savior has been born to you, he is the Messiah, the Lord!

OHANA TIME!

Icebreaker: What is your favorite Christmas song and why

PRAYER

Pray: Join with the great company of the heavenly host and give praise to God, "Glory to God in the highest heaven, and on earth peace to those on whom his favor rests."

BIBLE: PHILIPPIANS 4:1-9

1. What is Paul's earnest plea in verses 2-3?
2. Make list of 10 things you are rejoicing in this Christmas.
3. How would you encourage somebody that is going through a difficult time to rejoice?
4. In verses 6-7, what is Paul's "prescription" for anxiety, stress, and worry?
5. In verses 8-9, what is Paul's solution to "thought pollution?" What would he say to the church today about leisure time, reading matter, and R-rated movies?

APPLICATION

1. Christmas is a busy time! What is your stress level? What is your worry level? Identify the cause of your stress/worry and by prayer and petition, with thanksgiving, present your requests to God and ask God to fill your heart with peace and understanding.
2. What is true, noble, lovely, excellent during Christmas? While there are many distractions, where should we be placing our "thoughts" or "focus?" What are some ways you can tangibly focus your time together with your family or Ohana Group on the true meaning of Christmas – the celebration of the birth of the Messiah, the Lord.